

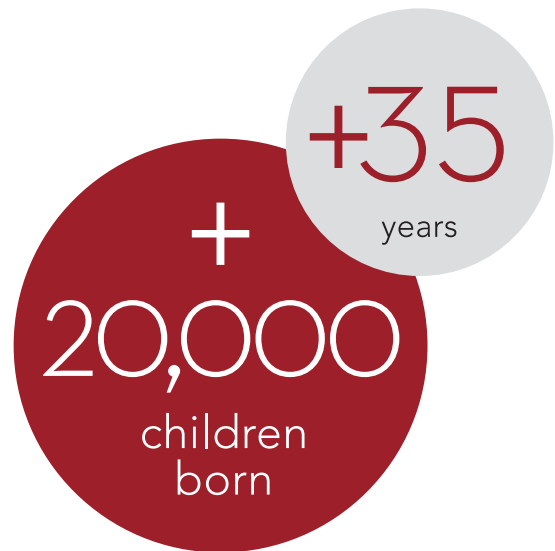


**EMBRYO ADOPTION**  
INSTITUTO BERNABEU



# ABOUT INSTITUTO BERNABEU

Since its founding in the 1980's, Instituto Bernabeu has been committed to providing its patients the highest level of comprehensive medical care, making it a leader in Reproductive Medicine.



Over the years, we have achieved more than 20,000 births through in vitro fertilization, and cared for 121,026 patients coming from over 137 countries. Each of our 8 clinics, in Alicante, Madrid, Mallorca, Cartagena, Albacete, Elche, Benidorm and Venice, are equipped with state of the art technology to perform the most advanced treatments available. Over 48,427 treatments have been carried out for patients who chose us for their personal journey in creating a family, trusting in Instituto Bernabeu because of our results, strong values, commitment to research, as well as our comprehensive patient care, both medical and emotional.

Our main goal is to achieve the best results and to promote the advancement of medical science. Because of this our medical practice is tied into our **investigations and teaching work**. These activities feed into each other, and materialize in the **University Chair** of the Reproductive Medicine with the University of Alicante and Community Medicine and Reproductive Health professorship of Miguel Hernández University. To date we have written

over 200 research projects, product of striving for individualized treatment for our patients. Along these lines, with the Rafael Bernabeu Charitable **Foundation** we are dedicated to developing a wide range of social outreach programs. We aim to make assisted reproduction treatments more accessible to patients with limited means, offer scholarships for young scientists in **Reproductive Medicine**, as well as support foundations that help underprivileged children, among other outreach programs.

This commitment to our patients, together with the professionalism and experience of our medical team, make Instituto Bernabeu a center of prestige in Reproductive Medicine world



1. Exceptional medical care **in reproductive medicine**
2. First clinic in Europe **to offer a pregnancy guarantee**



## WHY WE ARE DIFFERENT

3. Personalized care **individualized for all treatments**

4. 35 years' experience **support our work**



5. Clear, fixed prices **all included, no surprises**
6. The most innovative techniques **For fertility and reproductive genetics**

7. A full team of professionals **Gynecologists, biologists, geneticists, biochemists, endocrinologists, urologists, pharmacists**



8. Practical research  
So that we can tailor your  
treatment for you

9. State of the art facilities and  
infrastructure  
to make your stay as comfortable as  
possible



10. In-house laboratories and  
specialized technology  
which offer efficiency in results and  
control over the entire process

11. Teaching and research  
programs  
Pioneers in reproductive medicine



Excellent results  
audited by two external  
accredited agencies



12. 8 specialized clinics  
in Alicante, Madrid, Mallorca,  
Cartagena, Albacete, Elche,  
Benidorm and Venice



# EMBRYO ADOPTION

## AT INSTITUTO BERNABEU

Embryo adoption is a simple, painless assisted reproduction technique that is neither expensive nor invasive from a hormone point of view. It enables people to form a family when they are unable to do so using their own gametes.

Embryo adoption entails adopting an embryo (the result of the union between an egg and a sperm) and transferring it to the adopting patient's uterus with the aim of achieving a pregnancy. The procedure gives patients the option of enjoying a pregnancy, childbirth, nursing and caring for a baby.

The embryos are the result of dual donation (egg and sperm) IVF treatment or donations made by couples who have undergone assisted reproduction treatment and who, after having had children of their own, have chosen to donate their frozen embryos and help others to form a family. As such, whilst in these cases every effort is made to assign embryos that are as compatible as possible in terms of blood group, Rh and phenotype, the result cannot be as exact as in dual donation IVF treatment.

### **SAFETY AND EFFICIENCY: OVER 600/3,000 ILLNESSES RULED OUT**

When embryos are the result of dual donation, we have the assurance and peace of mind of the rigorous procedures that all our gamete donors go through before they are accepted. They include:

- Strict gynaecological, physical and health check-ups (a background of neurological and psychiatric disorders, endocrinology, digestive and oncological diseases, blood-related pathologies and so on in donors and donors' families are ruled out).
- A psychological check performed by a clinical psychologist, taking the donor's social and psychological condition into account.
- Genetic and infectious disease screening:
  - GCT: analysis of the 600/3,000 most common hereditary disorders.
  - Karyotype, cystic fibrosis, alpha-Thalassaemia, fragile X.
  - The ten most common sexually transmitted diseases and blood tests.



## What are the advantages of embryo adoption?

Embryo adoption is less expensive than other forms of treatment. Another of its advantages is that the patient takes a smaller quantity of medication. The recipient mother only needs to undergo appropriate endometrium preparation in order to get ready for transfer. The treatment is simple and painless. It consists of oestrogen patches or oral tablets and vaginal progesterone tablets (the patient needs to continue taking this medication for the first few weeks of pregnancy).

Since only one embryo is transferred, this reduces the risk of a multiple pregnancy and the associated risks involved in pregnancies of this kind for the mother.

## WHEN IS ADVISED?

- When patients wish to benefit from an altogether simpler reproductive treatment.
- When other reproductive treatments fail.
- In cases of premature ovarian failure, menopause or lack of response to ovarian stimulation.
- When patients wish to adopt for ethical reasons but would like to enjoy pregnancy, delivery and breastfeeding.
- It is also a viable option for women without a male partner or a same-sex partner.

## DNA preservation

In cases of dual donation embryo adoption treatment, we store the gamete donors' DNA at Instituto Bernabeu for the following 20 years. This is very useful if genetics analyses need to be performed when there is a suspicion that the child may have an illness of some kind (with prior consent from the donors) at no additional cost.



## Legal aspects of embryo adoption

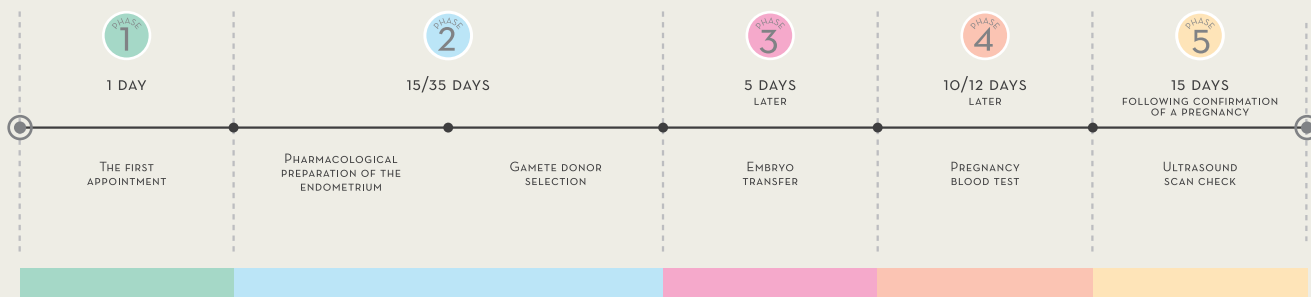
Spanish law upholds absolute anonymity in all cases of organ, tissue and gamete donation. As such, the identity of biological parents can never be made known and vice versa.

When the child is born, it is registered as the couple's child and there are no special legal procedures



# EMBRYO ADOPTION PROCESS

## AT INSTITUTO BERNABEU



### The first appointment

PHASE  
1

1 DAY

Each patient is individual and, therefore, each course of treatment is personalised. During the first consultation, we gain an understanding of the specific details of the case. We perform a medical examination and assess the needs and causes of the reproduction issue. Once we have had the opportunity to interpret this information, the most appropriate course of treatment is selected.

PHASE  
2

15/35 DAYS

### Pharmacological preparation of the endometrium

When embryo adoption is the result of dual gamete donation treatment, we begin preparing the recipient mother's endometrial cavity between two and three weeks before embryo transfer. This involves oestrogen medication (either using patches or tablets) and endometrium regulation until it is thick enough to receive the embryo. An ultrasound scan is usually necessary in order to ensure that the endometrium is developing appropriately and to make any necessary changes to the prescribed medication. When the time to transfer the embryo is near, the doctor prescribes a course of vaginal progesterone tablets.

### Embryo selection

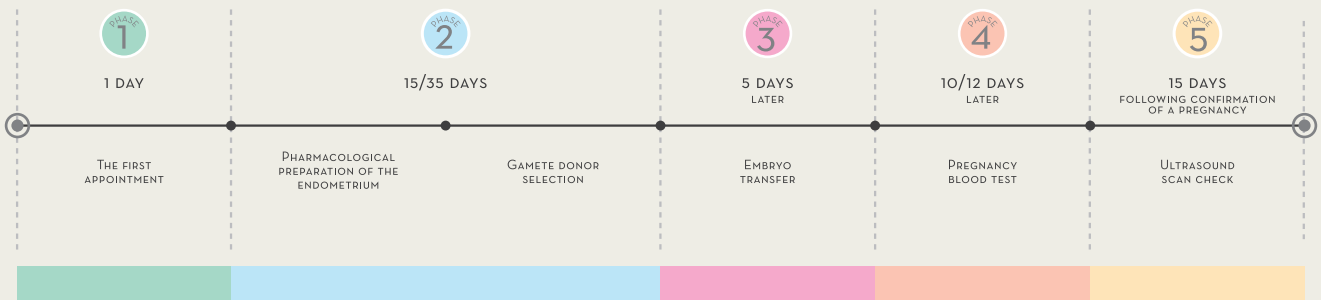
The large majority of embryos in embryo adoption are the result of dual donation. At Instituto Bernabeu, we work very hard to carefully select our donors and help our patients feel at ease and safe. Donors must meet our strict requirements including a psychological analysis and medical, gynaecological and genetics tests. Donors are also patients and, as such, we ensure that we care for their health and wellbeing.

PHASE  
3

5 DAYS LATER

### Embryo transfer

The embryo is always transferred during blastocyst stage (day 5/6 of development). During this stage, its capacity to implant is always better than younger embryos. Patients do not need to be sedated because the procedure is painless. It is performed with the help of an abdominal ultrasound scan in order to locate the best spot for implanting.



PHASE 4

10/12 DAYS LATER

**Pregnancy blood test**

13/14 days after starting to take progesterone, we are able to do a test to analyse the beta hCG hormone level in the mother's blood and confirm whether or not she is pregnant.

If the patient is not pregnant, we arrange a new appointment. She is given advice on how to proceed and she is informed about the conclusions that the committee, including the medical team involved in her treatment, have reached.

PHASE 5

15 DAYS LATER

**Ultrasound scan check**

Two weeks after a positive pregnancy test, we perform the first ultrasound scan in order to check that the pregnancy is developing appropriately. Doing so any earlier would only lead to confusion.

Please do not hesitate to request information about our "100% PREGNANCY AND CHILDBIRTH or money back GUARANTEE".

# FIRST VISIT

In the first visit, a complete evaluation of each case is carried out, establishing the design of the personalized treatment and clearing up any questions on the matter.

## **What is the initial fertility consultation like?**

It is the first appointment in the clinic, in which we evaluate all aspects related to the case, from the previous medical, gynecological or andrological history to the tests and possible treatments previously carried out in other centers.

## **Where does it take place?**

Usually the first visit requires an interview with the patients in our facilities. The IB consultation rooms are a suitable environment that allows for relaxed conversation between doctors and patients, however, if for any reason it is inconvenient to travel to our center, the appointment may be made by videoconference or telephone, allowing us to focus on your case and saving you the trouble of travelling.



## **Who will I meet at my initial fertility consultation?**

For an infertility consultation, you will meet a gynecologist specialized in reproductive medicine, who will assist foreign patients in their language. All the gynaecologists at IB responsible for treating patients with fertility issues have demonstrable experience.

Furthermore, as soon as you get in touch with us, you will be assigned a Patient Care Assistant (PA) to care for you and counsel you in your mother tongue. You will receive personalised attention based on both professional experience and an emotional awareness of reproductive issues.

## Where should I go when I have an appointment at IB?

Our front desk staff will be waiting for you at the scheduled time. You will be asked to fill out a series of administrative information (name and contact information) and your patient care assistant will take you to a private waiting room.

## What happens in my first consultation?

Having met the gynaecologist who will be in charge of your case, the appointment will include the steps indicated below and will take around 50 minutes:

- 1. Medical History.** This is the first step in any doctor's appointment. The gynecologist will ask about your personal and family history. It is important to know every part of your medical history that could be significant to your diagnosis and fertility treatment, as well as for any future pregnancy.
- 2. Evaluation of infertility.** The time spent trying to conceive will be evaluated, as well as any previous diagnostic tests that you may have carried out.
- 3. General and gynaecological health check.** Most likely an ultrasound will be performed this same day to check your uterus and ovaries.
- 4. Diagnostic tests, if necessary.** If after the initial evaluations further testing is necessary the doctor will explain this to you. We try to make all additional tests possible on the same day to avoid further visits and shorten your waiting time. The cost of the first appointment includes, where applicable:
  - A high-resolution 3D ultrasound scan for performing a morphological study of the uterus, fallopian tubes and ovaries.
  - A basic sperm analysis.
  - Sperm morphology analysis
  - An anti-mullerian hormone (AMH) analysis in order to help evaluate the patient's ovarian reserve.
- 5. If needed, sperm freezing will be carried out in order to avoid coming on the day of fertilization.**
- 6. In this first visit.** your gynaecologist will give you an initial idea of your prognosis and the possible options for designing your personalised course of treatment.

## What should I bring to my first visit?

It is useful if you can bring all your previous medical documents (blood tests, medical reports, etc.) which could be helpful to your doctor. You can also send us these scanned beforehand so the doctor can review them before your appointment.

If it is difficult for you to get copies you do not need to delay your appointment, because the doctor will evaluate your case and tell you if they are strictly necessary for treatment or not.

## What is the price of a first visit?

The first appointment costs €140 and, should you decide to go ahead with the fertility treatment, it will be taken as the starting point for evaluation of your case and the amount will be discounted from the end price.

# PRICE LIST

## EMBRYO ADOPTION

At Instituto Bernabeu we are transparent. Our prices are clear and fixed, so that you know the cost of treatment from the very beginning.

### Embryo adoption cycle (blastocyst)

4,000€

#### DESCRIPTION OF SERVICES INCLUDED

##### **Recipient treatment:**

- Medical consultation with a specialist gynecologist to design your personalized treatment plan.
- Personalised treatment. Necessary scans and blood tests during the treatment. Embryo transfer (private room, operating theatre and fertilisation laboratory).
- If you have not already had them, we will perform the following analyses free of charge:
  - Full gynaecological check-up and embryo transfer test including the smear test, if required.
  - β-Hcg (blood test to determine pregnancy) and ultrasound to check gestation, if needed.

##### **Egg donor and sperm donor treatment:**

- Egg donor selection and preparation process, within which we might highlight the following:
  - Psychological and social assessment, fertility study, comprehensive medical and gynaecological check-up.
  - Blood and infectious diseases analyses, 10 sexually transmitted disease and cytomegalovirus (CMV) screening.
  - Karyotype and analysis of genetic diseases including, amongst others, cystic fibrosis, fragile X, alpha thalassaemia, beta thalassaemia and muscular spinal atrophy and nonsyndromic hearing loss (GJB2).
  - Genetic Compatibility Test (GCT). Genetic compatibility screening for more than 600 or 3,000 genetic diseases, depending on the modality.
- Ovarian stimulation of donor: clinical controls, ultrasounds and blood tests. Ultrasound-guided egg retrieval, post-retrieval check up and pain-relievers until final discharge and health insurance in case of any complications.
- The cost of the donor's medication.
- Storage of donor DNA for 20 years.

#### SERVICES NOT INCLUDED

- The cost of recipient medication

#### DURATION AND MEANS OF PAYMENT

- The entire cost of the selected course of treatment must be paid when treatment begins. The clinic reserves the right to cancel treatment should payment not be made within the established period.
- Should embryo transfer be cancelled due to a decision taken by the recipient patient, no refund of any kind will be given.
- This price quotation is valid for 6 months from when it is signed. Payment may be made by bank transfer or credit card.
- In compliance with Law 7/2012 on measures to combat fiscal fraud, residents in Spain may not make cash payments for amounts equal to or above 1,000€. This amount increases to 10,000€ should the payee not have fiscal residency in Spain.

## FINANCING

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If you live in our country, financing options are available to you. Please do not hesitate to ask about this.

## DOCTOR'S INSTRUCTIONS AND/OR CANCELLATION

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- Should the patient fail to adhere to the doctor's instructions or should treatment be cancelled or interrupted for medical reasons or at patient request, patients must pay for all services already provided. Therefore, the signees expressly understand and accept the costs and all the other financial information that has been explained to them by our members of staff, they have understood this information completely and have had the opportunity to ask any relevant questions, and they affirm that they fully comprehend and accept this price quotation.
  - The patient's right to refusal covers entitlement to refuse acceptance of this price quotation by failing to undergo treatment during the validity period. Should this be the case, the price quotation will be considered no longer valid.
- 
- The price quotation has been explained to us by staff at the clinic and we understand its content and scope.
  - We, the patients, have received a copy of this information detailing costs. It will be attached to the informed consent for the corresponding course of treatment.

DATE:

SIGNATURES: \_\_\_\_\_

PATIENT'S NAME:

The parties recognise that the stipulations and commitments within this contract have been made according to the Spanish and European legislation that is in force at the time of signing. Any modification to the legislation and in particular to Law 14/2006 regarding assisted reproduction, that prohibits or regulates in a different manner to that which is foreseen in a certain stipulation or clause, will leave said stipulation or clause without effect according to the terms and timeframes in which said modification were to be applied, while the rest of the agreements regulated in this contract will remain unaltered.

Basic information on personal data protection: Instituto Bernabeu SL is responsible for treating your personal information so that our contractual/healthcare relationship, the economic obligations stemming from that contract and the necessary communications that give the contract its substance are formalised. Execution of a specialist healthcare contract involving the interested party legitimises treatment of your data. This is performed in compliance with article 9.2 h) of the General Data Protection Regulation (GDPR). Your personal data shall not be transferred unless it is necessary for matters of legal obligation, when your consent to do so has been provided or in order to protect your vital interests. You have access, rectification, cancellation, opposition, transfer and limitation rights that you may exercise at our offices or by e-mail: [lopd@institutobernabeu.com](mailto:lopd@institutobernabeu.com). Additional information on the treatment of your personal data can be accessed under the Privacy Policies/Patients section on our website: [www.institutobernabeu.com](http://www.institutobernabeu.com)

This Contract, including the annexes and all matters related thereto, shall be governed by and shall be construed in accordance with Spanish law. For any action or proceeding derived from or in relation to this assignment, the parties, expressly waiving any other jurisdiction that may correspond to them, submit to the jurisdiction of the courts of the state of the clinic in which the treatment was pursued.

According to the Spanish law 14/2006 of May 26, the donation is anonymous, voluntary, informed and unpaid.



**SPAIN**

Alicante

Madrid

Mallorca

Cartagena

Albacete

Elche

Benidorm

**ITALY**

Venice

**+34 965 50 40 00**

[www.institutobernabeu.com](http://www.institutobernabeu.com)